1. HEALTH PERCEPTION–HEALTH MANAGEMENT PATTERN

Wellness Diagnoses
- Health-Seeking Behaviors
- Effective Therapeutic Regimen Management

Risk Diagnoses
- Risk for Injury
- Risk for Suffocation
- Risk for Poisoning
- Risk for Trauma
- Risk for Perioperative Positioning Injury
- Risk for Altered Development
- Risk for Altered Growth

2. NUTRITIONAL–METABOLIC PATTERN

Wellness Diagnoses
- Effective Breast-feeding
- Readiness for Enhanced Nutritional Metabolic Pattern
- Readiness Enhanced Skin Integrity

Actual Diagnoses
- Energy Field Disturbance
- Delayed Growth and Development
- Ineffective Health Maintenance
- Ineffective Therapeutic Regimen Management: Individual
- Ineffective Therapeutic Regimen Management: Family
- Ineffective Therapeutic Regimen Management: Community
- Noncompliance
Risk Diagnoses
Risk for Imbalanced Body Temperature
  Hypothermia
  Hyperthermia
Risk for Infection
Risk for Imbalanced Nutrition: More than body requirements
Risk for Imbalanced Nutrition: Less than body requirements
Risk for Aspiration
Risk for Imbalanced Fluid Volume
Risk for Constipation
Risk for Delayed Surgical Recovery
Risk for Impaired Skin Integrity

Actual Diagnoses
Decreased Adaptive Capacity: Intracranial
  INeffective Thermoregulation
Fluid Volume Deficit
Fluid Volume Excess
Imbalanced Nutrition: Less Than Body Requirements
Imbalanced Nutrition: More Than Body Requirements
Ineffective Breast-feeding
Interrupted Breast-feeding
Ineffective Infant Feeding Pattern
Impaired Swallowing
Ineffective Protection
Impaired Tissue Integrity
Altered Oral Mucous Membrane

3. ELIMINATION PATTERN

Wellness Diagnoses
Readiness for Enhanced Bowel Elimination Pattern
Readiness for Enhanced Urinary Elimination Pattern

Risk Diagnoses
Risk for constipation
Risk for Impaired Urinary Elimination

Actual Diagnoses
Altered Bowel Elimination
  Constipation
  Perceived Constipation
  Diarrhea
  Bowel Incontinence
Altered Urinary Elimination
  Urinary Retention
  Total Incontinence
  Functional Urinary Incontinence
  Reflex Urinary Incontinence
  Urge Incontinence
  Stress Incontinence
4. ACTIVITY–EXERCISE PATTERN

Wellness Diagnoses

Readiness for Enhanced:
- Cardiac Output
- Diversional Activity Pattern
- Activity–Exercise Pattern
- Home Maintenance Management
- Self-care Activities
- Tissue Perfusion
- Breathing Pattern
- Organized Infant Behavior

Risk Diagnoses

- Risk for Disuse Syndrome
- Risk for Perioperative Positioning Injury
- Risk for Disorganized Infant Behavior
- Risk for Peripheral Neurovascular Dysfunction
- Risk for Altered Respiratory Function

Actual Diagnoses

- Impaired Gas Exchanged
- Activity Intolerance
- Ineffective Airway Clearance
- Ineffective Breathing Pattern
- Decreased Cardiac Output
- Decreased Adaptive Capacity: Intracranial
- Diversional Activity Deficit
- Impaired Home Maintenance
- Impaired Physical Mobility
- Dysfunctional Ventilatory Weaning Response
- Impaired Spontaneous Ventilation
- Self-Care Deficit: (specify type: Feeding, Bathing/Hygiene, Dressing/Grooming, Toileting)
- Ineffective Tissue Perfusion: (specify type: Cerebral, Cardiopulmonary, Renal, Gastrointestinal, Peripheral)
- Disorganized Infant Behavior
- Impaired Walking
- Impaired Wheelchair Mobility
- Impaired Transfer Ability
- Impaired Bed Mobility

5. SEXUALITY–REPRODUCTIVE PATTERN

Wellness Diagnosis

Readiness for Enhanced Sexuality Patterns

Risk Diagnoses

- Risk for Ineffective Sexuality Pattern
- Risk for Falls
6. SLEEP–REST PATTERN

Wellness Diagnosis
Readiness for Enhanced Sleep

Risk Diagnoses
Risk for Disturbed Sleep Pattern
Risk for Sleep Deprivation

Actual Diagnoses
Sleep Pattern Disturbance
Sleep Deprivation

7. SENSORY–PERCEPTUAL PATTERN

Wellness Diagnosis
Readiness for Enhanced Comfort Level

Risk Diagnoses
Risk for Pain (acute, chronic)
Risk for Aspiration

Actual Diagnoses
Acute Pain
Chronic Pain
Dysreflexia
Disturbed Sensory–Perception (specify Visual, Auditory, Kinesthetic, Gustatory, Tactile, Olfactory)
Unilateral Neglect

8. COGNITIVE PATTERN

Wellness Diagnosis
Readiness for Enhanced Cognition

Risk Diagnosis
Risk for Disturbed Thought Processes

Actual Diagnoses
Acute Confusion
Chronic Confusion
Decisional Conflict (Specify)
Impaired Environmental Interpretation Syndrome
Knowledge Deficit (Specify)
Disturbed Thought Processes
Impaired Memory
9. ROLE–RELATIONSHIP PATTERN

Wellness Diagnoses
Readiness for Enhanced Relationships
Parenting
Role Performance
Communication
Social Interaction
Caregiver Role
Grieving

Risk Diagnoses
Risk for Dysfunctional Grieving
Risk for Loneliness
Risk for Impaired Parent/Infant/Child Attachment

Actual Diagnoses
Impaired Verbal Communication
Dysfunctional Family Processes
Dysfunctional Family Processes: Alcoholism
Interrupted Family Processes
Anticipatory Grieving
Dysfunctional Grieving
Impaired Parenting
Parental Role Conflict
Ineffective Role Performance
Impaired Social Interaction
Social Isolation
Caregiver Role Strain

10. SELF-PERCEPTION–SELF-CONCEPT PATTERN

Wellness Diagnoses
Readiness for Enhanced Self-Perception
Readiness for Enhanced Self-Concept

Risk Diagnoses
Risk for Hopelessness
Risk for Body Image Disturbance
Risk for Situational Low Self-Esteem

Actual Diagnoses
Anxiety
Fatigue
Fear
Hopelessness
Powerlessness
Disturbed Personal Identity
Disturbed Body Image

Nursing Diagnoses (Wellness, Risk, and Actual) Grouped According to Functional Health Patterns
11. COPING–STRESS TOLERANCE PATTERN

Wellness Diagnoses
Readiness for Enhanced Individual Coping
Readiness for Enhanced Family Coping
Readiness for Enhanced Community Coping

Risk Diagnoses
Risk for Ineffective Coping (Individual, Family, or Community)
Risk for Self-Mutilation
Risk for Suicide
Risk for Violence: Self Directed or Other Directed
Risk for Spiritual Distress
Risk for Post-Trauma Syndrome
Risk for Relocation Syndrome

Actual Diagnoses
Impaired Adjustment

Caregiver Role Strain
Ineffective Individual Coping
Ineffective Family Coping: Disabling
Ineffective Denial
Ineffective Family Coping: Compromised
*Risk for Ineffective Community Coping
Posttrauma Response
Rape–Trauma Syndrome
Relocation Stress Syndrome
Chronic Sorrow

12. VALUE–BELIEF PATTERN

Wellness Diagnosis
Readiness for Enhanced Spiritual Well-Being

Risk Diagnosis
*Risk for Spiritual Distress

Actual Diagnoses
Spiritual Distress
Death Anxiety

*Not on current NANDA list. All diagnoses are used with permission from North American Nursing Diagnosis Association.